# Firs Time Upload:

git init

git add .

git commit -m "first commit"

git remote add origin <https://github.com/userName/repoName.git>

git push -u origin master

OR

git init

git add README.md

git add .

git commit -m "first commit"

git remote add origin https://github.com/userName/repoName.git

git push --force origin master

# If Push Rejected:

# git fetch origin master:tmp

git rebase tmp

git push origin HEAD:master

git branch -D tmp

pull is always the right approach but one exception could be when you are trying to convert a none-Git file system to a Github repository. There you would have to force the first commit in.

$ git push origin master --force

or

$ git push origin master -f